

Clean, Trim, and Polish Your Life with *The Manicure Coach*

CAMP HILL, PA – Donna Davis, creator of **The Manicure Coach** and **Mindful Manicures** provides unique confidential sessions □ combining pampering nail treatments with personal and behavioral wellness □ exclusively to South Central Pennsylvania.

With more than 20 years of experience in the behavioral health industry, Donna offers her one of a kind “hands on approach” of pampered wellness to teens struggling with low self esteem; adults caught up with life’s drama; and seniors seeking reassurance with aging and loneliness.

According to Davis, “People don’t respect themselves enough by being responsible and accountable for their own happiness and fulfillment. Many are comfortable with being just OK, my goal is to help them achieve terrific!”

Mindful Manicures, with The Manicure Coach, are currently available at Mirage Hair Design located in Camp Hill, PA. For more information or to schedule an appointment with Donna, please visit www.themanicurecoach.com; www.miragehairdesign.com. *Confidential sessions by appointment only.*

About The Manicure Coach

Donna is a certified Life Coach, licensed Manicurist with the Pennsylvania State Board of Cosmetology, a Registered Nurse with the Pennsylvania State Board of Nursing, and a Psychiatric Clinical Nurse Specialist with (ANCC) American Nurses Credentialing Center. Donna has earned her Master of Science in Nursing (MSN) from Wilkes University.



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